



Over the past several years, doctors and other public health professionals have begun to emphasize the links between how our cities are built and people's health. For example, a city that has ample and safe parks and other open spaces provides opportunities for people to exercise. Neighborhoods that have good sidewalks and safe pedestrian and bicycle routes to shops, schools, parks, and restaurants encourage people to get out of their cars for local trips. Zoning regulations that permit community gardens and farmers' markets give residents greater options for and access to healthy foods.

City leaders recognize the benefits that a healthy living environment has on residents' health, and in recent years initiated a number of programs to help residents become healthier and for the entire community to adopt practices that improve our environment. These efforts have included... (Sal to fill in here the most relevant).

Earlier this year, the City received a grant from the State to build on our current work and to comprehensively plan for a healthier, greener, and stronger Baldwin Park. The City is asking all residents, business owners, and major employers to participate and share their ideas on how we can work together to improve our health and environment.

Events will be held over the next year. At the Taste of Baldwin Park in July, over **XXXX** residents helped identify the most important issues requiring attention. The next opportunity for you to provide input will be at the Health and Sustainability Fair on **Saturday, November 2, 2013**, to be held in conjunction with the Celebrate Baldwin Park Carnival. Come join us and learn how together we can shape our City and our bodies for a healthier future.

Visit the website to learn more and find out future opportunities to "weigh in."

(website address here)